



Menu Subject to Change

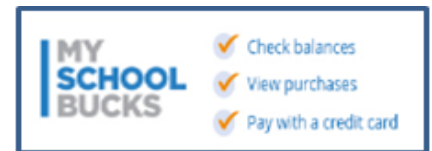
Stroudsburg Area: ELEMENTARY K-4 October LUNCH MENU

Monday	Tuesday	Wednesday	Thursday	Friday
1 Popcorn Chicken with a WG Dinner Roll Steamed Carrots	2 Turkey Hot Dog on WG Bun Boston Baked Beans	3 BBQ Pork Sandwich on WG Bun Tater Tots	4 Italian Meat Spaghetti Sauce Penne Pasta Tossed Salad	5 Cheese Stuffed Breadsticks Pizza Dipping Sauce
<i>wk 6 Arlington, Morey, Hamilton "B" Choice: Mixed Greens Salad with Shredded Cheddar Cheese with Creamy Ranch Dressing & Soft Pretzel</i>				
8 No School Columbus Day Holiday	9 Chicken Cheese Steak on a WG Bun Steamed Broccoli	10 French Toast Sticks Turkey Sausage Patty Syrup	11 Soft Shell Beef Tacos Steamed Corn	12 Pizza Bagel Fun Lunch WG Bagel, Pizza Sauce Mozzarella Cheese
<i>wk 1 Arlington, Morey, Hamilton "B" Choice: Hot Turkey Ham & Cheese on a Pretzel Roll with Assorted Steamed Vegetables</i>				
15 Crispy Chicken Patty Sandwich on Bun Baked Crinkle Fries	16 Turkey Corn Dog Nuggets Steamed Carrots	17 Turkey Nachos with Baked Tortilla Scoops Cheese Sauce Steamed Corn	18 Herb Roasted Chicken On The Bone WG Biscuit Steamed Green Beans	19 Grilled Cheese Sandwich Assorted Raw Veggies
<i>wk 2 Arlington, Morey, Hamilton "B" Choice: Turkey & Cheese Sandwich with Baby Carrots</i>				
22 Cheeseburger on bun Tossed Salad	23 BBQ Rib on a Bun (Pork) on a WG Bun Tator Tots	24 Pasta w/ Meatsauce Tossed Salad	25 Hot Ham & Cheese Bagel Melt Steamed Carrots	26 Nacho Fun Lunch Baked Tortilla Scoops, Salsa, Cheddar Cheese
<i>wk 3 Arlington, Morey, Hamilton "B" Choice: Meatball Sub with assorted Steamed Vegetables</i>				
29 BBQ Chicken Sandwich WG Bun Steamed Carrots	30 Swedish Meatballs Brown Rice A,M,H: Raw Veggies CE: Green Beans	31 Zombie Legs (Breaded Chicken Drum Stick) Tossed Salad Hershey's Halloween ice cream cup	1-Nov French Toast Sticks Turkey Sausage Patty Syrup	2-Nov Macaroni & Cheese WG Dinner Roll Steamed Broccoli
<i>wk 4 Arlington, Morey, Hamilton "B" Choice: Turkey Ham and Cheese Sandwich with Baby Carrots</i>				
Arlington, Morey, Hamilton = "C" Choice Cheese Pizza "D" Choice Smucker's Peanut Butter & Jelly Uncrustable - However: *Hamilton "D" = Hamburger/bun				
CHIPPERFIELD ELEMENTARY (C.E.) DAILY HOT ALTERNATES COLD DELI OPTIONS AVAILABLE ALSO				
Deep Dish Personal Pizza	Turkey Ham & Cheese on a Pretzel Bun	Deep Dish Personal Pizza	Chicken Nuggets w/ W.G. Dinner Roll	French Bread Pizza
Meatball Sub	Mozzarella Sticks with Tomato Sauce	Beef & Bean Burrito	Egg & Cheese Bagel Melt	Turkey Hot Dog on a Bun
<i>Fresh Fruit & Vegetable Menu, Choose With Any Meal!</i>				
Carrot Sticks Celery Sticks Assorted Chilled Fruit Fresh Orange	Fresh Broccoli Florets Cucumber Coins Assorted Chilled Fruit Fresh Apples	Grape Tomatoes Assorted Beans/ Legumes Assorted Chilled Fruit Fresh Orange	Sweet Green Peas Celery Sticks Assorted Chilled Fruit Fresh Apples	Carrot Sticks Assorted Fresh Veggies Assorted Chilled Fruit Assorted Fresh Fruit

ELEMENTARY: A full student lunch, \$2.15, includes a choice of entrée supplying protein and grain, up two (2) vegetable side dishes, one (1) fruit side dish, and a choice of milk. Milk choices include 1% white, skim white, and skim chocolate. USDA is an equal opportunity employer and provider.

Questions or comments?

Please call Nancy Franks,
Food Service Director at
570-421-4840



Cafeteria Substitutes Needed!
EOE-M/F/V/D

Call 421-4840 for information Or apply online at www.compassgroupcareers.com